

# *Song of Solomon*

By Tommy Nelson

UHBC Wednesday Night Men's Bible Study

## Lesson Seven

The Art of Conflict, Part I  
BASED ON SOS 5:1 – 6:13

### INTRODUCTION

What do you think it means to fight clean or to fight dirty?

### EXPLORATION

1. Conflict is \_\_\_\_ % of the SoS? Sex is \_\_\_\_ % of SoS. According to Tommy marriage is about \_\_\_\_ % conflict.
2. According to Tommy, what is exposed when “good” couples conflict? Bad couples?
3. What conflict can you remember where your character and immaturity was exposed?
4. Why are marriages without conflict unhealthy?
5. What does the word “meanness” mean?
6. How do you know when you have hurt your mate?
7. What does it mean that the women is the “weaker vessel”?
8. Whose job is it to change your spouse? What is your job?
9. How can our trust in God be great enough to allow Him to bring change where change is needed?
10. What does Tommy mean, “You can't use the forgiveness of your mate as an excuse to hurt her, because you are going to wound your partner, as well as yourself?”
11. How does the conversation between Pilate and Jesus apply to your relationship: “Don't you know that I have the power to release you and I have the power to crucify you? He said, “You have no authority unless my Father in heaven gives it to you.”?
12. Do you find it easy to put others' needs off because of your own selfishness? Are you ignoring your own needs? How can we find a healthy balance?
13. How have you shown humility to make the first move toward reconciliation? Are you always the last to reconcile?

14. Are you aware of your own non-verbal communication? That of others'? Give examples.

**APPLICATION**

How would you like to become more like this SoS couple?

**Every couple fights. Do you press for victory or resolution?**

**“... not returning evil for evil, or insult for insult, but giving a blessing instead; for you were called for the very purpose that you might inherit a blessing. 1 Pet 3:9**